

President Esther Muthee 2014-2015

Welcome Madam President.

Our new President, Rtn Esther Muthee, is a Paul Harris Fellow. She joined Rotary in 2009 and served as an officer in club affairs as Secretary and President Elect. She has been the chair person for the Rotary Sunshine Rally for two years. She graduated in MIBA (Finance option); she is Miss Kenya 1999/ 2000, of which she served as the Kenya Ambassador as Miss Kenya throughout the year 2000. She worked at home and abroad with corporate bodies and various children homes to improve the welfare of the children. She worked extensively in banking industry. She is currently self employed and has a consultancy firm that deals in environment and corporate affairs. Esther founded an NGO in 1997 called Ubuntu for life. The NGO caters for the empowerment of orphaned and vulnerable boys in Gilgil. She is the proud mother of 2 girls and 1 boy.

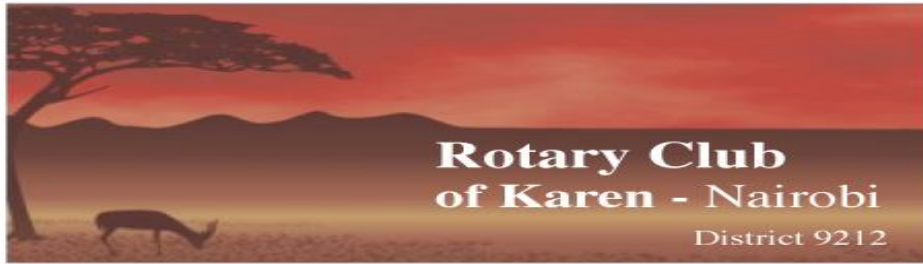
Welcome to her installation on July 12th 2014 at Hemingways in Karen at 6.00pm.



President Protus Lumiti 2013-2014

A Note from the President

Dear Fellow Rotarians, We are already in END of the 12th Month of this rotary year and only few hours and we hand over to the new leadership. Years come and go but this noble organization – Rotary – continues to change lives. Every year we start with new leadership, vision and theme. Engage Rotary Change lives has been a stimulating theme for the year 2013-2014. The new Theme Light up Rotary is another one that will see the year 2014-2015 move Rotary to another level. I thank you all for the great opportunity to lead and engage you all. I take this time to welcome the new leadership under Rtn. Esther Muthee. We all look forward to her investiture on July 12th 2014. Please plan to attend our event.



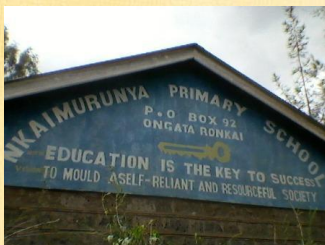
Our Current Projects:

Karen Police Station Rehabilitation Programme & Karen Health Centre



Thanks to Rtn. FT. Nyammo for taking on the lead On this project. RCK in partnership with KLDA, GOK, The Governor's office, RCK has paid for the Hydrological Survey and we hope to move to the next stage of drilling the Borehole by the Governor's office and National Youth Service.

The Karen Health Centre has received an autoclave Machine and blood Pressure Machine from RCK.



Thanks for the funds from District 9212 and District 6220 for our Service Project – five classrooms are renovated for use in Nkaimurunya Primary School. Other projects we have funded in the past include Borehole, computers, electricity installation, Kenya Smiles dental kits, printers, feeding program and Tree planting. The School has more than 1,200 children and two streams per class. Other partners are: the Gataka community, CDF, Flower Farm Company and Goal International. We hope to do a model classroom and plant more trees

"The highest of distinctions is service to others."

King George IV (1762-1830);
King of Great Britain, Ireland and Hanover



Rotarian Jeffery Bamford in Sydney

ROTARY CLUB OF KAREN MAY - JUNE EVENTS 2014

Rotary International Convention (May 2014)

Over 1,800 Rotarians attended Rotary International Convention, We are happy to report that our Charter President, PP. Jeffery Bamford represented our club and our Project, Kenya Smiles was in the breakaway sessions; Over 100 people attended the sessions. Thank you Rtn. Jeffery and Rtn. Dr. Stephen from Muranga whom we supported. Rtn. Jeffery presented a power point presentation to our club recently.



Lucy Mwai the new member of Rotary club of Karen is received by the President and Rtn Jeffery Bamford.

Welcoming a New member to our club

On June 18th 2014, Ms. Lucy Mwai was inducted into Rotary club of Karen; PP. Charter President Jeffery Bamford is her sponsor. Rtn. Lucy Mwai under classification of Health – Oral Prevention brings our total number to 36 Rotarians, 21 females and 15 males; this is significant as it is the original number of the charter members in 2006. Welcome Rtn. Lucy.



DGE. Bimal Kantaria during his installation by outgoing DG. Mugo.

DGE Bimal Kantaria installed

Our DGE Bimal Kantaria takes the mantle on July 1st 2014. His installation in Naivasha was fantastic. Thanks to those of you who attended.



Rotaractors during Service at Kenyatta Hospital

New Generation Involvement

Our new generation involvement has been great and we are proud to have Rotaract Club of Catholic University and Rotaract club of Limuru, Interact clubs of Hilcrest, Lukenya and Numbing Village. Some of the activities for RC Limuru included; - Alpha Joy Children Center in Ndeiya, donated 250 books, pens, pencils as well as other writing materials, St Edwin Children Centre in Kimende, Lari where they donated over 180 books, pens, Pencils as well as other writing materials, Visit to children centers for mentorship in (Wajibu Wetu in Limuru & St Edwins Children Centre Lari), Tree planting at Kereita Forest and Blood Drive in Limuru Town, Similarly Rotaract Club of CUEA did visits and mentorship to Children in Ololokitikoshi and Kenyatta Hospital, Cancer awareness and Education sponsorship of one student in High School.

"Service to a just cause rewards the worker with more real happiness and satisfaction than any other venture of life."

Carrie Chapman Catt (1859-1947); American Women's Rights Activist

My Rotary Moment



Mwende Mbevi Muthama

I joined Rotary Club of Karen in 2013 after several weeks of close interaction with the delightful club members. My sponsor, Regina Gitao was very keen on keeping me well informed with club meetings, events, socials and club protocol. I have been able to visit a few clubs in Nairobi and I am most grateful for the connections I have made in my club of Karen.

Rotary has helped me see the benefits of pulling resources together for the greater good and how my contribution goes a long way in creating a better community, country and World. I look forward to attending my first District Conference next April 16th – 18th 2015 in Diani Mombasa. I have also benefited from the networking, by meeting brilliant professionals who have a big heart for service but with whom I have connected to enhance my work skills.



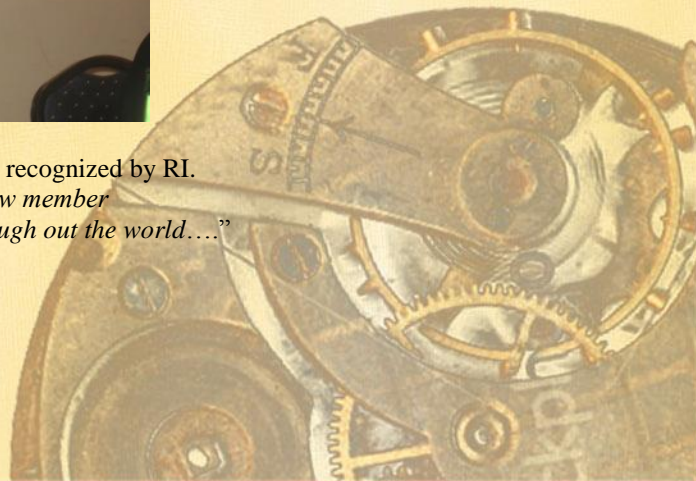
Rtn. Jeffery Bamford after the recognition pin and a blue backer

Congratulations to Rtn. Jeffery Bamford and Rtn. Mwende Mbevi for being recognized by RI.

"Thank you for sponsoring a new member into your Rotary Club, Every new member

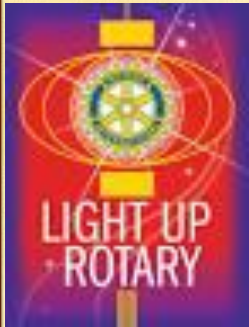
Contributes to the difference Rotary can make in your community and through out the world...."

Let us continue to share the gift of Rotary with others.



"The work goes on, the cause endures, the hope still lives and the dreams shall never die."

Edward "Ted" Kennedy (1932-2009); Us Senator



Our New Year theme. Light up Rotary.

Shared Moments ... Being a Rotarian by President Ron D. Burton:-

Our RI President in his own words: "Being a Rotarian isn't about own achievement, it isn't our own career, it really isn't about our us all, It's about the people we help" said Ron D. Burton during his passing on the 2014 final touches on the Rotary 2014 convention in Sydney, "At the end of the day the only thing that matters in Rotary is how much better the world becomes.."

Shared Moments ... New RI President Gary Huang:-

We welcome The New RI President Gary Huang who challenges us with the three 'Hs'.. Hand, Head and Heart. He encourages all of us to use our Hands to help, use our heads to make sure we are helping in the right place and use our heart to make it sincere, without your heart, nothing else matters.. New RI President Gary Huang.

Rotary Club of Karen New Leadership 2014-2015

President: Rtn. Esther Muthee

President-Elect: Rtn. Eva Nderu

Vice President: Rtn. Njeri Karuru

Secretary: Rtn. Anne Nguru

Club Treasurer: Rtn. Rowena White & Benjamin Amwayi

Chair, Service Projects : Rtn. Fr. Aloysius Bukunya

Chair, Public Relations : Rtn. Allister Lindsay

Chair, Membership : Rtn. Editta Akinyi

Chair, Foundation : Rtn. Jeffery Bamford & Dan Kanyoro

District Leadership

Assistant Governor: RC Nairobi Central, PP. Rtn. Mbogo Muthui, from RC of Milimani

District Governor: Bimal Kantaria from Rotary Club of Nairobi Industrial Area

Rotary Fellowship Month Happy Birthday to you:-



- ✚ PP. Jeffery Bamford
- ✚ PP. Lucy Darwin her daughter Susan
- ✚ Rtn. Cephas
- ✚ PP. Richard Thande
- ✚ PP. Paula for Bab
- ✚ PP. Anthony for Eugene
- ✚ PP. Janet Mathenge for Kaylah



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Hon. Rtn David White

Honorary Member of the Rotary Club of Karen, District Governor's special representative in starting the Rotary Club of Karen in 2006.

The importance of maintaining Rotary standards

In Chicago, a little over one hundred years ago, four friends used to meet regularly for lunch. They had little in common beyond liking one another's company. They were active in their own businesses and so they kept the duration of the meetings down to about an hour. Because they were careful how they spent their time they always started promptly.

One day a friend noticed the regular get-togethers, and from his manner the four took it that he would like to join them. They hummed and harred over this. Did they want to be more than four? Eventually they concluded they probably did, but cautiously. They agreed that there would be a candidate vetting process, and admission had to be by invitation. But before that, what characteristics should a proposer be sure of in his would-be candidate? This would have taken some defining. I do not know whether this has been covered in a history of the time, but we can be sure what the issues covered included being of impeccable character, being respected in their line of business, and being interesting company; and as each of the first four represented the tops of their businesses they probably looked for their like from different types of business, and for an assumption of commitment to regular attendance.

At that time there would have been scores of groups meeting regularly. But this group that was to become the first Rotary Club was different. It was more than the ordinary businessmen's club, and it had a procedure for inviting new members which almost ensured continuity. Where other groups had their life and died, this one prospered. It grew, and it even took on a small community project. And as it grew the members devised how the weekly meetings should be run to ensure interest for all, and they appointed member functionaries to ensure the bonhomie of the occasion. Then one day one of their own members had to move to another town, or otherwise the Club was visited by someone from another town, and the person concerned was keen to found a similar group in this other town. The idea of fostering similar clubs elsewhere took root. The first Club had to lay down rules of procedure and define the process through which the offshoot would eventually qualify for Rotary status. 'Extension' came into being. The Chicago Club had to register itself as a 'Rotary Club' and adopt a Constitution and Byelaws. Eventually the Rotary experience spread to other countries, and R.I. came into being. All offshoot clubs in formation had to undertake strictures regarding their observation of standards.

For us at the club level it is what goes on within the club that concerns us. The essential is to observe the guidelines regarding new members, and also to be mindful of the high moral standards to be expected of us too. At times we forget. Which club officer has not come across the cavalier approach to the answering of periodic questionnaires from the District? 'Has the club?' Of course we have.

We, today, have to be grateful for the care with which the key area rules were prepared. They ensure the creation of a successful Rotary Club wherever in the world a Rotary Club is being set up: allow any one of these standards to slip and you threaten the future of what might have been started up. Judge the success of your club by whether it can attract and keep the sort of new member you would like to be a member of your club: if this is not the case the club standards have slipped, and possibly your own have too. Working out where the fault lies is easy enough, but putting this right is enormously difficult.

Rotary at its best is a wonderful concept. And being a living organization it has undergone various changes over the years, and will continue to change in the future. We have to accept the need to live with change. I doubt that any change will prove bigger than the first one: the decision to expand the group of four.

Years ago I wrote to the then DG to inquire whether a gradual change that I perceived to be taking place was acceptable or should be resisted. "David" came his reply "You and I cannot be sure that, so long as standards continue to be observed, the changing Rotary world is not for the better." So long as standards continue to be observed, he said

"Love in action is service to the world" Lynn Namka

www.rotaryclubofkaren.org