

Rotary Club of Karen

District 9212



Monthly Newsletter - February 2023

Rotarians let loose at the family of Rotary Fun Day

We think it's time the family of Rotary fun day gets recognized as one of the best ways to spend a Saturday.

See how Rotarians and Rotaractors showed up and everything that happened in February.

Happy reading!
PR Team



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The Family of Rotary Fun Day

The Rotary Family Day started to specifically create a tradition for families to cherish time spent together and to have lasting memories. The family of Rotary Fun Day, held in Nairobi on 4th February 2023, allowed us to bond and connect with each other's families, chat, mingle, have fun and share a meal. We have observed how children were coming together to joyfully play, compete in sports, run around with their age mates and enjoy the day.

As part of the fun, Rotary invited small-scale businesses to exhibit their products while institutions and medical practitioners set up the medical camp to offer free consultations and health advice to those who attended the event. The blood donation drive that took place during the event exemplified the true spirit of Rotary of saving lives, confirming the Rotary's motto 'Service Above Self'.



It was great connecting with the Rotary family at different levels - from seniors to young Rotaractors and Interactors on one platform. We had fun, laughter, danced together and also made a few friends and partners to move the Rotary ideals of service to greater heights. Our gratitude to the organizers including DCSC Janet Mathenge, Rtns Bea Kanja, Angela Miano, PCC Saum, Rotaracter James, and the Rotary, Rotaract, and Interact family who participated.

"On behalf of the Family of Rotary Fun Day Coordinating Committee, I take this opportunity to say thank you to all Rotarians and Rotaractors who attended and participated in this year's Family of Rotary Fun Day.

It was an honour for us to be able to create an environment where we were all one family of Rotary; more so, it was an honour to have the whole family of Rotary present.

From the bottom of my heart, I say thank you to all the clubs that participated and all the Rotarians and Rotaractors with their friends and families who joined or sponsored others to make the day a success.

Remember, Rotary is a family made up of families and we treasure you and your family. That's why we recognize, embrace and appreciate the Family of Rotary!" Robert Khaemba, Country Chair, Family of Rotary - Kenya



[Click here](#) to watch the family fun day highlights.

Scholarship Donations at Nkaimurunya Primary School

Remember us sharing about District Governor Azeb's visit to Nkaimurunya Primary school? Well, on 3rd February we went back to keep our promise. During the DG's visit last year, the Rotary Club of Karen made a pledge to support top students by paying their high school fees.

Three candidates have been called to progress to High School, one of them being a National School.

They are:-

- 1) Waynadoci Okoth who scored 377 marks,
- 2) Harrison Kimani who scored 354 Marks,
- 3) And Martin Ngaya who scored 353 Marks



Nkaimurunya Primary school has never recorded such high marks before. This has been greatly enhanced by the support that the Rotary Club of Karen has provided over the last ten years. During that period, the Rotary Club of Karen has established a library at the school, donated revision books and mathematical instrument sets through our Basic education and literacy programs. In addition, the club has also provided mentorship sessions to the students.

The scholarship funds have been raised through donations by members and fundraising activities. The Rotary Club of Karen has committed to providing these scholarships into the future as well as raising more funds to renovate the special needs classrooms.

Fashion on the Road Initiative Continues

When we kicked off this campaign last year in collaboration with Carol Kinoti, we didn't know it was going to be such a success. We are still collecting clothes and fabric donations for the less fortunate at the Legend, Karen.



Can Anyone Really Match Nyawira Karuma's Energy?

Drum rolls... our 3rd podcast episode is out! And who better to feature on this one other than Nyawira Karuma? She is one of our Directors on the Board for 2022/3 and the New Generations Lead. Watch the episode to learn why we love everything about her.



Click on the photo to watch the episode.

A Highlight of February's Fellowships

We had an interesting mix of events lined up for February's Fellowships. See if you'll spot a familiar face.

1. Whisky tasting with EABL



2. Understanding positive peace framework.

We hosted Dan N. Odaba, Rotary Peace Fellow for the peace and conflict prevention/resolution month.



3. Mega Fellowship hosted by RC Hurlingham

We attended the Mega Fellowship where His Excellency, Ambassador Andrii Pravednyk, Ukraine Ambassador in Kenya, Tanzania and Rwanda was the guest. He talked to us about the effects of the Russian Invasion on Ukraine and the World.

Rotary
Club of Hurlingham

IMAGINE
ROTARY

Mega (Hybrid) Joint Fellowship

in conjunction with:-

1. RC Nbi. NABO	28. RC Kiambu
2. RC Nbi. Parklands	29. RC Syokimau
3. RC Ngong Hills	30. RC Nairobi Muthaiga North
4. RC Nairobi Ind. Area	31. RC Magharibi
5. RC Lavington	32. RC Mwatate
6. RC Nairobi Gigiri	33. RC Nairobi Central
7. RC Nairobi North	34. RC O/Rongai East
8. RC E-Club Safari Kenya	35. RC Lavington Jioni
9. RC Embakasi	36. RC Lavington ECO
10. RC Nairobi Thika Rd	37. RC Kaimosi
11. RC Nairobi Peponi	38. RC Enikare Narok
12. RC Gilgil	39. RC Malindi
13. RC Busia	40. RC Mombasa Nyali
14. RC Nairobi South	41. RC Lamu
15. RC Ngong Road	42. RC Kitui
16. RC Karen	43. RC Karengata
17. RC Athi River	44. RC Kitengela
18. RC Nithi	45. RC Kiserian
19. RC Nairobi Utumishi	46. RC Juba S. Sudan
20. RC Kikuyu	47. RC Nairobi Connect
21. RC Karura	48. RC Ongata Rongai
22. RC Parklands	49. RC Kisumu Central
23. RC Embu	50. RC Naivasha
24. RC Limuru	51. RC Murang'a
25. RC Ridgeways	52. RC Nairobi Celebrate
26. RC Bungoma	53. RC Nbi. Kilimani Alfajiri
27. RC Thika West	53. RC Machakos

Guest Speaker:
H.E. Andrii Pravednyk
Ambassador of Ukraine to Kenya, Tanzania and Rwanda

Topic:
**EFFECTS OF RUSSIAN
INVASION TO UKRAINE
AND THE WORLD**

10.02.2023 Venue Sponsor: **JACARANDA HOTEL** Westlands, Nairobi
5.45 PM - 7.00PM (EAT)

Rotary Club of Hurlingham

www.rotaryclubofhurlingham.org

"Stop calling it war, for war implies faults on both sides. It's an invasion, where the state of Russia is the aggressor and the people of Ukraine are the victim. And stop saying that your prayers are with the Ukrainian people, for prayers may give you comfort, but it does nothing to alleviate their suffering. Shred all hypocritical advocacy of human rights and be involved in a meaningful way that actually helps the victims of Russian imperialism" ~ Abhijit Naskar

It is an "Unprovoked and Unjustified attack on Ukraine by Russia". The impact has been felt by the whole world.

4. Karaoke



Peace and Conflict Prevention/Resolution Month

February is a very special month in the Rotary calendar because it includes the anniversary of the first meeting of the Rotary held on February 23, 1905. This year we celebrated our 118th Birthday with a Karaoke night out that saw RC Karen and many other clubs join in the celebration.

Rotary celebrates our commitment to building peace and mitigating conflict under the theme - Peace and Conflict Prevention/Resolution Month. As a humanitarian organization, peace is a cornerstone of our mission. We believe when people work to create peace in their communities, that change can have a global effect. Unfortunately for RCK, we haven't enjoyed much peace in the recent past. Rotary creates environments where peace can happen.



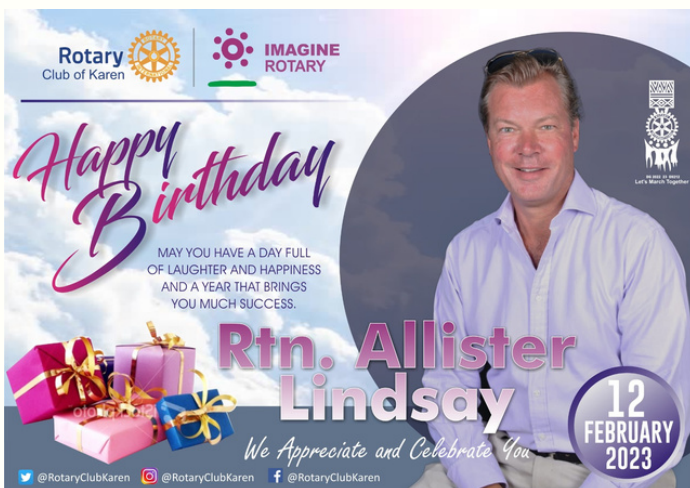
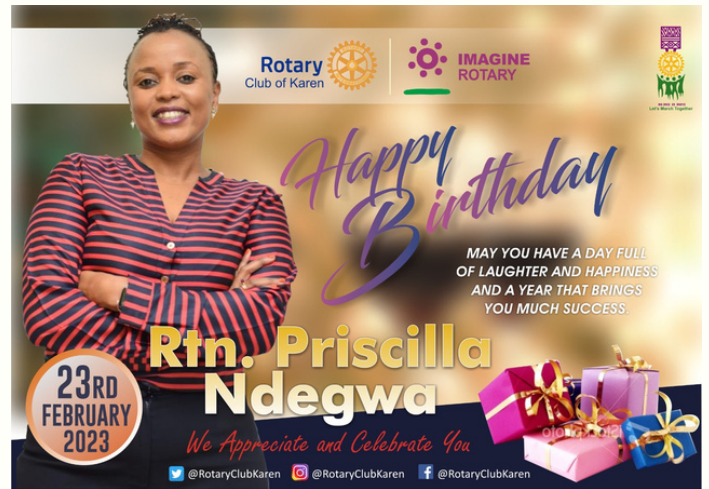
We cannot create, foster or encourage peace in our communities without starting with ourselves as a club. Allow me in the spirit of Peace, Conflict and Resolution month to take us to the very basics of why we are Rotarians, and what is expected of us, and I will encourage us to read about the Avenues of Service in Rotary. These principles have been developed over the years to provide Rotarians with a strong, common purpose and direction. They serve as a foundation for our relationships with each other, and the action we take in the world. Let's apply these and we will enjoy the fruits of being Rotarians. It is meant to be fun, and all about giving back to our communities.

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise, and in particular, to encourage and foster: -

- **FIRST:** The development of acquaintance as an opportunity for service,
- **SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society,
- **THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life,
- **FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business, and professional persons united in the ideal of service.

February Babies

A big happy birthday wish goes out to John, Priscilla, Allister and Philip. May your birthday wishes come true.



Happy birthday to you too Rtn. James Ndiga!

Quick Updates for You



Reminder about the upcoming DCA in Addis Ababa, Ethiopia

We'd like you to accompany us to Addis Ababa, Ethiopia for the upcoming 98th District Conference Assembly 2023 happening from 11 - 14th May 2023. [Click here](#) for more details.



The 2023 Rotary International convention in Australia

The Rotary International convention which will be happening in Melbourne, Australia is coming up on 27 - 31st May. [Click here](#) for more details.



41st Rotary Sunshine Rally

We'll be taking part and sponsoring the Special Needs Students from Nkaimurunya Primary School. Be sure to join us.

Follow us on social media and stay updated



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