

Rotary Club of Karen

District 9212



Monthly Newsletter - January 2023

Spreading Christmas Cheer the Rotary Way

What other better way to end 2022 than spending a weekend doing some good in Kirinyaga? See what Rotarians were up to.

Happy reading!
PR Team



IN THIS ISSUE

ST. MARY'S HOME FOR THE AGED, KIRINYAGA VISIT

PDG HARRY MUGO'S RESIDENT'S CHRISTMAS PARTY

DONATIONS FOR THE FASHION ON THE ROAD INITIATIVE

WE TURNED 16 YEARS!

THE UPCOMING FAMILY OF ROTARY FUN DAY

St. Mary's Home for the Aged Visit

On 10th - 12th December 2022, the Rotary clubs of Karen, Karengata and Kirinyaga joined hands in celebrating Christmas in Kirinyaga.

The eventful weekend kicked off with a visit to St. Mary's Home for the Aged in Kirinyaga - a home for abandoned, elderly and incapacitated women. The home was founded in 1974 by Father James Chiomio as a response to the needs of blind, deaf and aged women in the community. Realising that many women in the area were neglected by their families, wandering the streets or abandoned in hospitals, Father James was prompted to start a place where the needs of these women could be catered for.



The home currently has 40 women who are provided with food, clothing, medical attention and companionship amongst their peers. It is worth noting that most of the women hosted at this home have intellectual and physical challenges.

It was a humbling experience for Rotarians to have lunch, dance, laugh and share gifts with the elderly women. We donated blankets, foodstuffs and a shaving machine. But the highlight of the visit has to be how Rotarians from Karen, Karengata and Kirinyaga came together to bid for a Kiondo hand-crafted by 84-year-old Salome Muthoni and raised KES 15,570 to buy a kitchen table.



Sister Roselyn who is part of the team that manages the home had this to say, "Visiting every year is helpful. Sharing a meal with them and listening to them cheers them up and improves the family atmosphere here. "



Kudos to the Rotary Club of Kirinyaga who have been supporting the home for over 8 years, truly inspiring!

The Afterparty...

The Rotary Club of Kirinyaga played a good host and indulged us in an evening hangout of fun and games for what was slotted as the weekend social.

The Christmas Party...

PDG Harry Mugo and his family hosted us at their Kirinyaga residence for a Christmas party. With over 50 people in attendance from the RC Karen, RC Karengata, RC Kirinyaga, RC Karatina and RC Muthaura, we were able to close up the year on a high note with a lot of merrymaking and deliberation on how the year 2022 had been at Rotary. More friendship exchanges between clubs were encouraged with everyone's efforts for partnerships being lauded.





Fashion on the Road Initiative

We all have clothes that we don't wear anymore but still hold onto them because we are either sentimental or just not sure what to do with them. Carole Kinoti, a leading creator of unique made-in-Kenya pieces invited us to partner with them in their Fashion on the Road initiative where we supported them in collecting donations of clothes and fabric for the less fortunate at Tamarind Brasserie.



A Highlight of January's Fellowships

We turned 17 years!



The last week of January is always a special one, and it was no different this year. We celebrated the club's 16th anniversary on 30th January and spent time looking back at the incredible years of service that we've had.

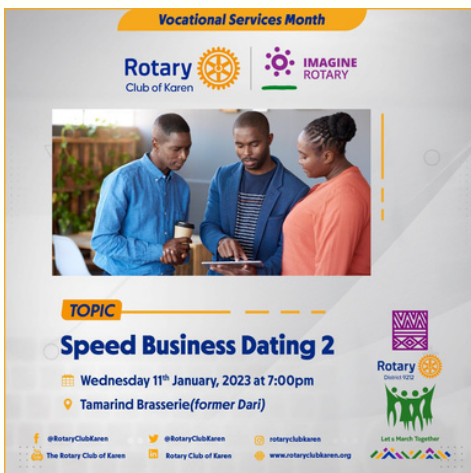
What has been your highlight as a Rotarian?

Q & A Session



The 18th January fellowship was dedicated to engaging and responding to members' questions about the Rotary Club of Karen. This was a great way of providing clarity and addressing concerns.

Business Speed Dating 2



We are passionate about building an interconnected community that can help each other grow professionally. If you missed this month's business speed dating be sure to catch the next one.

Quick Updates for You

Family of Rotary Fun Day – 4th February 2023

Join us at the upcoming family fun day happening on 4th February at the Nairobi Academy.

Rotary District 9212 **Rotaract District 9212** **Interact District 9212**

FAMILY OF ROTARY FUN DAY NAIROBI EDITION

4TH FEBRUARY 2023
SATURDAY | FROM 9:00AM
VENUE: NAIROBI ACADEMY
Langata Road, Nairobi

INTER CLUBS ACTIVITIES

- Football 5 aside
- Adult Races
- Children Races
- Pool Table
- Board Games
- Basketball Hoop
- Trampoline
- Horse Riding
- Tug of Peace
- Zumba
- Bouncing Castle

CHARGES

5 Pax	Ksh. 5,000
20pax	Ksh. 15,000
0-5yrs	Free
6-12yrs	Ksh 450
Interactors	Ksh 450

LIPA NA M PESA
4075399
Sports Day

Send transaction confirmation text to
Bea Kanja +254 795 005242
Angela Miano +254 727 225598

Rotary District 9212 | Family of Rotary | IMAGINE ROTARY

Rotary District 9212 **Rotaract District 9212** **Interact District 9212**

BLOOD DRIVE TO SAVE LIVES

at the **FAMILY OF ROTARY FUN DAY**

4TH FEBRUARY 2023
SATURDAY | FROM 9:00AM
VENUE: NAIROBI ACADEMY
Langata Road, Nairobi

Donate Blood for FREE Save a LIFE

Kenyan by BLOOD

Kenya Tissue And Transplant Authority | Let's Mark Together

For more details contact Rachael +254 718 149021

Family of Rotary | IMAGINE ROTARY

Rotary District 9212

Rotary District 9212 **Rotaract District 9212** **Interact District 9212**

CALL FOR VENDORS & CLUBS PROJECTS SHOWCASE

for the **FAMILY OF ROTARY FUN DAY**

4TH FEBRUARY 2023
SATURDAY | FROM 9:00AM
VENUE: NAIROBI ACADEMY
Langata Road, Nairobi

CHARGES
Tent, 4 chairs, Table, and Power Outlets Available @Ksh. 5000

LIPA NA M PESA
4075399
Sports Day

Send transaction confirmation text to Ken Idwasi +254 722 741737

Family of Rotary | IMAGINE ROTARY

Rotary District 9212

DCA in Addis Ababa, Ethiopia – 11th – 14th May

2023 is fast approaching and we'd like you to accompany us to Addis Ababa, Ethiopia for the upcoming 98th District Conference Assembly 2023 happening from 11 – 14th May 2023. [Click here](#) for more details.

IMAGINE WHAT'S NEXT IN ADDIS?

DCA
98th DISTRICT CONFERENCE ASSEMBLY
ROTARY DISTRICT 9212
11th - 14th May 2023

GRAB THE FIRST COLLECTIVE BIRTH CERTIFICATE

30th September 2022

180 USD FOR ROTARIANS
160 USD FOR INTERACTORS

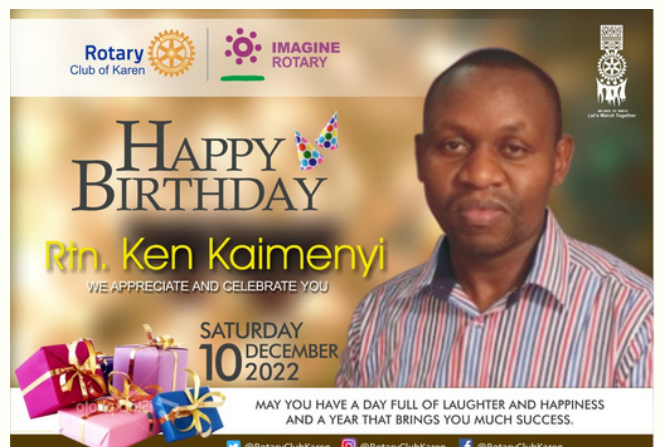
Already 180+ delegates registered and counting...

Addis Ababa አዲስ አበባ

Rotary District 9212 | IMAGINE ROTARY

December & January Babies

A big happy birthday wish goes out to all our December & January babies. We hope all your birthday wishes come true!



Happy birthday to you too Rtn. Evelyne Wangui (21st January) and Rtn. Moses Kemibaro (3rd January)!

Follow us on social media and stay updated



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ROTARY**